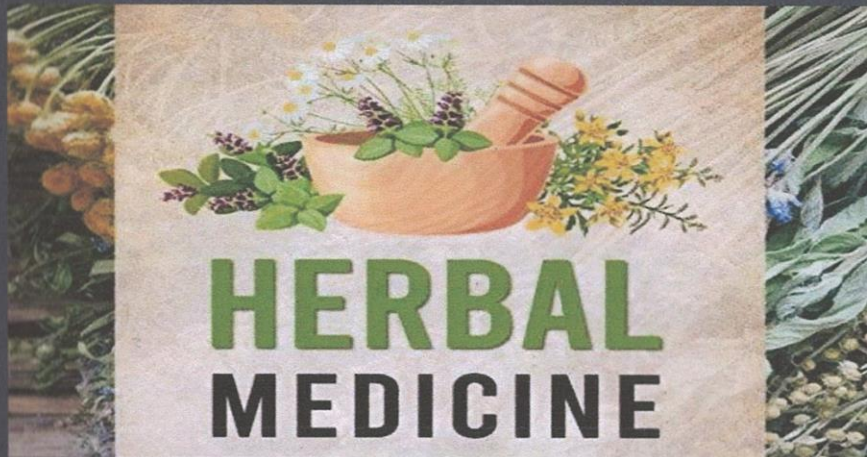


**A BRIEF REPORT ON  
CERTIFICATE COURSE IN HERBAL MEDICINE**



**CAREER ORIENTED COURSE CONDUCTED  
BY  
DEPARTMENT OF BOTANY  
MAHATMA GANDHI ARTS, SCIENCE &  
LATE N. P. COMMERCE COLLEGE ARMORI, DISTRICT GADCHIROLI**

**COURSE COORDINATOR  
PROF. SEEMA T. NAGDEVE  
Head, Department of Botany**

**REPORT SUBMITTED TO  
IQAC  
MAHATMA GANDHI COLLEGE, ARMORI**

**ACADEMIC YEAR  
2020-2021**

# Brief Report on Certificate course in Herbal Medicine

(February, 2020 to April, 2021)

Herbal medicine has a long tradition in all cultures. Applications in practice have proven the huge benefits of herbs. As well as relieving symptoms, herbal medicine also works on a deeper level to help patients return to full harmony. Herbal medicine is becoming ever more popular, as ever more people seek out qualified herbalists.

## *Course Overview*

**Length of Study:** 03 Months or 90 days (depending on chosen schedule)

**Hours:** in an average 45 hours

**College Locations:** M.G. College, Armori, District Gadchiroli, Burdi, Wadsa Road.

**Certificate course:** Herbal Medicine

**Approval by:** UGC sanctioned.

Herbal Medicine certificate course is divided into three parts and takes 03 months to complete depending on chosen schedule. Course run under the guidance of Principal of our college.

### **CERTIFICATE COURSE OBJECTIVES:**

1. The Herbal Medicine certificate course provides high quality training which equips graduates to build successful practices.
2. It is carefully structured. Each study unit builds on the previous one, allowing students to develop their confidence and skills, and reach their full potential as Herbalists.

### **ABOUT THIS CERTIFICATE COURSE:**

There is strong demand for alternatives to pharmaceuticals for a variety of common illnesses due to concerns of safety, efficacy, and a desire for more “natural” products. Despite this growing interest, “conventional” healthcare providers may have little to no knowledge about herbal medicines, which is further compounded by the sometimes misleading information in the media and on the internet. This course provides the necessary background for providers to begin to incorporate herbal medicines into their practice, particularly in regards to their therapeutic properties, efficacy (or lack thereof), and safety concerns, including quality control and potential adverse effects.

The use of herbal medicine, as one element of complementary and alternative medicine, is increasing worldwide. Little is known about the reasons for and factors associated with its use. This study derives insights for the use of herbal medicine regarding the usage aims, role played by the type of illness, reasons for preferred usage and sources of information. The major use of **herbal medicines** is for health

promotion and therapy for chronic, as opposed to life-threatening, conditions. However, usage of traditional **remedies** increases when conventional **medicine** is ineffective in the **treatment** of disease, such as in advanced cancer and in the face of new infectious diseases.

#### **Why study Herbal Medicine in our college?**

- In-depth, practice-oriented study leading to successful Herbalists.
- Excellent up-to-date educational material including ICT and practical based lectures
- Focus on whole, organic western herbs treating the whole person
- Experienced & supportive lecturers who are herbalists themselves
- Have your own finance & business plan, blog and social media

#### **CERTIFICATE COURSE AT A GLANCE**

##### **Course details:**

1. This course was conducted: Free of cost.
2. **Name of Coordinator:** Prof. Seema T. Nagdeve
3. **Number of students benefited:** 10
4. **Course code:** \_\_\_\_\_
5. **Course scheme:** Career oriented certificate course in Herbal Medicine.
6. **Resource person:** Dr. Pradeep Saudagar, ( **Expert herbalists** )

##### **Other information:**

7. **Course Started from:** 16 February 2021
8. **Course ends on:** 15 March 2021
9. **Practical exam on:** 21 March 2021 & **Online Theory Exam on** (MCQs Type):3 August 2021
10. **Name of course:** certificate course in Herbal Medicine
11. **Sanctioned Authority:** UGC
12. **Study group member:** Dr. V. I. Kahalkar
13. **Expert herbalists:** Dr. Pradip Saudagar,
14. **Suggestions, help & support:** NGO-Aamhi Aamchya Aarogyasathi, Kurkheda
15. **Who can apply:** UG Students from science streams (Only final year).
16. **Products prepared from plants:** Neem, Adulsa, Calotropis, Ocimum, Karanji, Asparagus, Vitex, Palas, Eucalyptus, Hibiscus etc.
17. **Additional substances used in Preparation:** Til oil, Coconut oil, Eucalyptus oil, Sugar, Shikakai, Rithe, Hirda, Behada, Awla, Milk, Petroleum Jelly etc.

18. Products: Herbal Hair oil, Shampoo, Crack cream, Adulsa Kalpa, Shatavari kalpa, Pain relief oil, Skin burn cream, Palas tea, tooth powder, Pain relief balm and etc.

19. Certificate distributions to: Students who pass exams in theory and practical both.

**Course Outcomes -**


- Trained graduates are practising- self-employment (part time or full time).
- Change career, learn how to help others, improve your health and establish a rewarding business.
- Students can easily identified the medicinal plants in and around their home town.

**Satisfactorily conduct and report submitted to IQAC**

Name & sign

Prof. Beema F. Nagdeve

Course co-ordinator  
Herbal Medicine  
M. G. College  
Armori

  
IQAC Co-ordinator  
**IQAC-Co-ordinator**

  
**Principal**

**Mahatma Gandhi Arts,  
Science & Late  
N. P. Commerce College,  
Armori, Dist - Gadchiroli**



## Herbal Medicine Practical (2020-2021)

Principal  
Mahatma Gandhi Arts,  
Science & Late  
N. P. Commerce College,  
Armoil, Dist - Gadchiroli

**Mahatma Gandhi Arts, Science & Late N.P. Commerce College Armori  
Dist; Gadchiroli**

**Syllabus : Theory**

**Certificate Course in " Herbal Medicine " 2020-2021(Marks : 50 M)**

**Unit I :Study of different medicinal plants.**

*Aloe vera , Asparagus racemosus , Adhatodavasica, Acaccianilotica, Azadirachta indica, Moringa oleifera, Cymbopogon citratus, Emblica officinalis, Ocimum sanctum , Bell, Cassia tora , Hirida, Cymbopogon citratus , Phyllanthus niruri, Bringraj/ Maka , Hibiscus rosa-sinensis, Tinospora cordifolia, Vitex negundo.*

**Unit II :Various uses of different medicinal plants.**

**Unit III : Study of Herbal products-**

Adulsakalpa , Shatavarikalpa, Crack cream , Pain balm , Herbal hair oil, Herbal hair shampoo, Vatahar oil (Joint pain oil), Tooth powder , Herbal tea, Etc.


**Practical (50 marks)**

**• Experiments-**

1. Preparation of Adulsakalpa.
2. Preparation of Shatavarikalpa
3. Preparation of Herbal Hair Oil.
4. Preparation of Joint Pain Oil.(Vataheroil)
5. Preparation of Crack Cream.
6. Preparation of Herbal hair shampoo.
7. Preparation of Herbal tea.



**Principal**  
Mahatma Gandhi Arts,  
Science & Late  
N. P. Commerce College,  
Armori, Dist - Gadchiroli



**Co-Ordinator**  
**'Herbal Medicine'**  
M. G. College  
Armori

**MAHATMA GANDHI ARTS, SCIENCE & LATE N.P. COMMERCE COLLEGE,  
ARMORI DIST.- GADCHIROLI  
Career Oriented Certificate Course**

**“Herbal Medicine”**

**Session – 2020-2021**

3-8-2021 50 M

Sr. No	Name of Students	Sign	Theory 50 M	Practical	Total Marks	Grade
1	Mohit Anil Dahikar	<i>Mahikar</i>	48	33	81	A
2	Vishal Shalikram Garmale	<i>Garmale</i>	48	32	80	A
3	Nikhil Davindra Borule	<i>Borule</i>	44	32	76	A
4	Ashwin Gajanan Dupare	<i>Dupare</i>	42	32	74	B
5	Keshar Omnath Nimkar	<i>Nimkar</i>	48	32	80	A
6	Tinu Vithoba Malode	<i>Malode</i>	44	32	76	A
7	Priyanka Rajeshwar Nakhate	<i>Nakhate</i>	46	32	78	A
8	Payal Rajeshwar Mane	<i>Mane</i>	42	31	73	B
9	Sonali Manohar Shahare	<i>Shahare</i>	42	30	72	B
10	Minal Sanjay Patre	<i>Patre</i>	40	32	72	B

*[Signature]*  
**Principal**  
Mahatma Gandhi Arts,  
Science & Late  
N. P. Commerce College,  
Armori, Dist - Gadchiroli

*[Signature]*  
**Co-Ordinator**  
'Herbal Medicine'  
M. G. College  
Armori



**MAHATMA GANDHI ARTS, SCIENCE & LATE N.P. COMMERCE  
COLLEGE ARMORI, DIST- GADCHIROLI**

**Dept. of Botany**

**Herbal Medicine Certificate Course**


**Annual Exam 2020-2021**

**Exam Responses**

<b>Sr. No.</b>	<b>Name of Students</b>	<b>Marks</b>
1.	Mohit Anil Dahikar	48
2.	Vishal Shalikram Garmale	48
3.	Nikhil Davindra Borule	44
4.	Ashwin Gajanan Dupare	42
5.	Keshar Omnath Nimkar	48
6.	Tinu Vithoba Malode	44
7.	Priyanka Rajeshwar Nakhate	46
8.	Payal Rajeshwar Mane	42
9.	Sonali Manohar Shahare	42
10.	Minal Sanjay Patre	40



**Principal**  
Mahatma Gandhi Arts,  
Science & Late  
N.P. Commerce College,  
Armori, Dist - Gadchiroli



**Co-Ordinator**  
Herbal Medicine  
M. G. College  
Armori



ATTENDANCE

	LECTURE	2021	
		MONTH	DATE
		16 02	17 02
1)	Mohit Anil Dahikars	P	P
2)	Vishal Shaligram Goswale	P	P
3)	Nikhil Davindra Bosule	P	P
4)	Ashwin Gajanan Dupare	P	P
5)	Keshav Amnath Nimkar	P	P
6)	Tinu Vitthoba Malode	P	P
7)	Priyanka Rajeshwar Nakhate	P	P
8)	Payal Rajeshwar Mone	P	P
9)	Sonali Manohar Shikharre	P	P
10)	Minat Sanjay Patre.	P	P

CLASS Herbal Medicine

SECTION 2020-21

LECTURE	25 12 03	26 13 03	27 14 03	28 15 03	29 03 03	30 Theory Exam	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54
1)	P	P	P	P	P																									
2)	P	P	P	P	P																									
3)	P	P	P	P	P																									
4)	P	P	P	P	P																									
5)	P	P	P	P	P																									
6)	P	P	P	P	P																									
7)	P	P	P	P	P																									
8)	P	P	P	P	P																									
9)	P	P	P	P	P																									
10)	P	P	P	P	P																									

*[Signature]*  
 Principal  
 Mahatma Gandhi  
 Science & Arts  
 H. P. Commerce College  
 Armore, Dist - Gadchiroli





**MAHATMA GANDHI ARTS, SCIENCE  
&  
LATE NASARUDDINBHAI PANJWANI COMMERCE COLLEGE**  
ARMORI Distt. Gadchiroli



**Certificate Course in Herbal Medicine**  
(Under UGC Sponsored Career Oriented Programme)

**Certificate**

This is to certify that Mr/Miss *Vishal Garmale* .....  
successfully completed prescribed "CERTIFICATE COURSE IN HERBAL MEDICINE"  
held from *Feb. 2021* to *May 2021*.... under UGC Sponsored Career Oriented  
Programme. He / She has secured *'A'*..... grade.

*[Signature]*  
Co-ordinator

*[Signature]*  
Principal